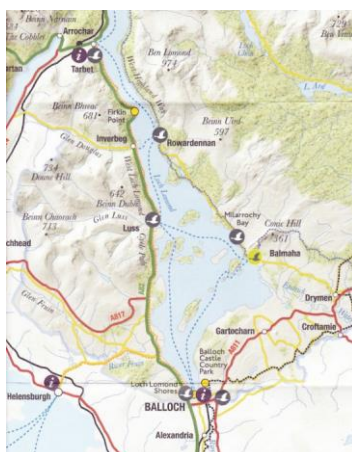


The 20th British Rowing Tour

The Scottish Lowlands Loch Lomond & Forth-Clyde Canal

30th August – 1st September 2013



Hotel accommodation near
Strathclyde Park

Row on Loch Lomond from
Balloch

Row the Forth-Clyde Canal
from Glasgow to Banknock

Visit the Falkirk Wheel



Organised by Weyfarers Rowing Club in association with Scottish Rowing



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Each year a tour is organised on different waterways to promote recreational rowing for adults of all ages for fitness and fun. The boats are coxed quad sculls which are wider and more stable than racing boats, so more equipment can be carried for touring. The technique is however the same as in a racing boat, enabling people to learn and go racing if they want to.

Touring rowing appeals to all who love the water and is a great way to keep fit at any age, as it is low impact, exercises the whole body and is very social.

This year's tour sees some 90 people from around England, Scotland and Wales rowing on Loch Lomond and the Forth-Clyde canal. We will be rowing on Loch Lomond on Friday 30th August and on the Forth-Clyde canal from Glasgow to near Falkirk on Saturday 31st and Sunday 1st September.

The organisers express their thanks for help and support to:

Loch Lomond and the Trossachs National Park Authority
Loch Lomond Rowing Club
Loch Lomond Rescue Boat
Cameron House Hotel, Loch Lomond
The Luss Estates Company
Scottish Canals
The Forth-Clyde Canal Society

Further information on Scottish and British rowing can be found at:

www.scottish-rowing.org.uk

www.britishrowing.org.uk

www.explorerowing.org.uk

For this event and touring generally contact:

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