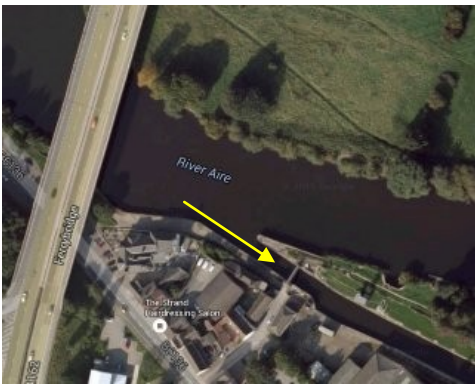
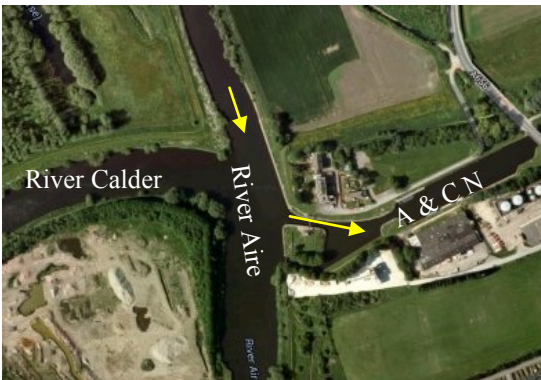


**British Rowing Tour 2016**  
**Friday 2nd September p.m.**  
**Castleford—Knottingley 11.6 km**

Take right fork into  
Aire & Calder Navigation



Turn left into  
Aire & Calder Navigation



**FINISH**

Harkers Wharf

3.2 km

Ferrybridge  
Flood Lock

7.4 km

Bulholme Lock

1.0 km

Castleford  
Flood Lock

**LUNCH**

