

British Rowing Tour

1st – 4th September 2016

GUIDANCE FOR BOAT CAPTAINS

Responsibilities

The captain's primary responsibility is the safety of the crew

Boat Captains are required to:

- ensure that their boat is in a safe condition at all times
- determine the crew order
- manage crew welfare during rowing by ensuring provision of water, suitable rest periods and checking for injuries
- ensure whoever is coxing navigates the boat in accordance with the agreed instructions and with due regard to hazards and conditions
- communicate with the designated Tour Coordinator in the event of emergencies afloat
- attend briefings daily or as circumstances dictate to receive guidance from the Tour Coordinator on the itinerary, route, hazards and other safety matters.

Before going afloat

Ensure that:

- You have read all safety instructions and information:
 - The Tour Safety Plan and Lock Procedures (issued separately)
 - British Rowing safety guidance
<http://www.britishrowing.org/sites/default/files/rowsafe/3-4-TouringRowing-v1.pdf>
- Your boat and blades are sound with no damage or loose fittings
- You have all required other equipment particularly a canoe paddle, boathook, bailer and suitable bow and stern lines
- You have buoyancy aids for all crew members. Coxes must wear a buoyancy aid at all times. All crew members must wear them when going through locks.
- You have at least one fully charged mobile phone with waterproof container with number(s) registered with tour management
- Your crew have no injuries or illnesses and are capable of rowing the stated distances
- You attend the pre-row briefings and have the navigation maps for the day

Extreme conditions

The rowing schedule may be altered or suspended if weather and / or water conditions are very bad e.g. thunderstorms, strong stream.

Emergency Procedures

In the event of a problem requiring assistance afloat:

1. Advise Bank Support Coordinator - numbers on laminated notice in each boat
2. If medical emergency or other emergency afloat, call **999**

Useful Information

- A&E at Doncaster Royal Infirmary, Thorne Rd, Doncaster, DN2 5LT. Tel: **01302 366666**
- Canal & River Trust NE office Tel: **0113 281 6867** (navigation matters)

Always check that you have all items of equipment available before boating and stowed at the end of each day